Upstander Family Agreement for Online Safety

This agreement provides a set of guiding principles to protect the rights, privacy and safety of both children and parents online.

How to Use Agreement

Ready to have a conversation with your child about the internet, social media and cyber safety?

That’s what this document was designed to do – make it easier to talk to your kids about using common sense on the internet and then mutually agree on what is appropriate and not appropriate online behavior.

Read and discuss the terms of this agreement with your child.

It’s okay if you don’t agree with all the points we’ve outlined. Concentrate on specific key points that you think might be relevant to your child based on their personality and interest. As you move through the agreement, ask if they understand what it means and define any terms they do not know.

Having access to the internet and social media sites is a privilege, not a right. Common sense and safety is important. The consequences for violating this agreement should be real.

We recommend the entire family sign this document.

Hang the agreement in a place where your family can easily see it and be reminded of the expectations on a daily basis (i.e. office, bulletin board, refrigerator, computer screen, bedroom door, or wherever is most effective).

Child agrees to:

- I will not give out personal information such as my address, telephone number, parents’ work address/telephone number, or the name and location of my school without my parents’ permission.

- I will tell my parents right away if I come across any information that makes me feel uncomfortable.

- I will never agree to get together with someone I “meet” online without first checking with my parents. If my parents agree to the meeting, I will be sure that it is in a public place and bring my mother or father along.

- I will never send a person my picture or anything else without first checking with my parents.
▪ I will not respond to any messages that are mean or in any way make me feel uncomfortable. It is not my fault if I get a message like that. If I do, I will tell my parents right away so that they can contact the service provider.

▪ I will talk with my parents so that we can set up rules for going online. We will decide upon the time of day that I can be online, the length of time I can be online, and appropriate areas for me to visit. I will not access other areas or break these rules without their permission.

▪ I will not give out my Internet password to anyone (even my best friends) other than my parents.

▪ I will check with my parents before downloading or installing software or doing anything that could possibly hurt our computer or jeopardize my family’s privacy.

▪ I will be a good online citizen and not do anything that hurts other people or is against the law.

▪ I will help my parents understand how to have fun and learn things online and teach them things about the internet, computers and other technology.

I have read and agree to the above terms.

____________________________________________________________________________________

Child’s signature                      Date

I will help my child follow this agreement and will allow reasonable use of the internet as long as these and other family rules are followed.

____________________________________________________________________________________

Parent’s signature                      Date

____________________________________________________________________________________

Parent’s signature                      Date